

# *Pampering in Kranjska Gora*



Price list of wellness services



**hit** alpinea  
Kranjska Gora

## Vita wellness centre

### VITA PACKAGES AND RITUALS

Unforgettable experiences have been selected exclusively for you. Each package already includes the services which we have been offering you for free.

#### VITA PACKAGES

**Anti-stress** . . . . . 77 €  
 Body scrub (25')  
 Anti-stress massage with herbal oil or body butter (50')  
 Visit to the pool and sauna

**Magic Night for Us** for two . . . . . 98 €  
 Massage with warm herbal pine and lavender oil (50')  
 Cake »Sladka Julija« (Sweet Julia) and sparkling wine at Café London, at Grand hotel Prisank

#### VITA RITUALS

**Pampering Ritual.** . . . . . 102 €  
 VITA Pedicure (70')  
 Energy body massage – for vitality and freshness (80')

**Relaxing Ritual** . . . . . 105 €  
 Body Scrub and Wrap (60')  
 Face Massage with Mask (30')  
 Massage with Warm Pine and Lavender Oil (50')

Opening hours: from 9 am to 9 pm  
 T: +386 4 588 45 00  
 E-mail: aqua.larix@hit-alpine.si



## Vita wellness centre

### MASSAGES

Massages improve health and wellness. A massage has a positive impact on skin, dermis, muscles, blood and lymph circulation, joints and nervous system, hormone balance, etc. Its effects are of both physical and spiritual nature.

#### CLASSIC, THERAPEUTIC MASSAGE

**Classic Massage – Swedish**  
 (30') . . . . . 30 €  
 (45') . . . . . 43 €  
 (65') . . . . . 53 €

**Head, neck and shoulder massage**  
 (15') . . . . . 18 €

**Face, neck and palm massage**  
 (30') . . . . . 33 €

**Back Massage - Classic**  
 (20') . . . . . 25 €

**Back Massage - Therapeutic**  
 (30') . . . . . 34 €

**Reflexology**  
 (40') . . . . . 37 €

#### Massage for Recreational Enthusiasts

(40') . . . . . 40 €  
 (a massage of muscle groups and tendons, which are under stress during specific activities, stimulates the excretion of waste products, softens stiff muscles, reduces pain)

**Hot Stone Massage** (60') . . . . . 55 €  
 (the energy of volcanic rocks has a positive impact on relaxation of tension, eliminates pain in muscles and joints and reduces fatigue)

**Lymphatic drainage** (20', 50') . . . 23 €, 45 €  
 (a manual technique for stimulation of the lymphatic system, recommended for swellings, especially in arms and legs, detoxifies and strengthens the immune system, improves the appearance of skin)

**Aromatherapy**  
 for muscle tension (45') . . . . . 45 €  
 anti-celullite (45') . . . . . 45 €  
 (a combination of essential oils of medicinal herbs and massage techniques with therapeutic effects and body cleansing and relaxation)

#### RELAXING MESSAGES

Relax all body parts which are particularly exposed to stress (head, neck and shoulder girdle, back and feet). Stimulate the body to feel well and create a feeling of comfort long after the treatment.

**Anti-stress Massage** (50', 65') . . . 45 €, 55 €  
 (with selected herbal oil or body butter)

**Massage with Warm Pine and Lavender Oil** (50') . . . . . 45 €

**GOLD 24K Massage** (50') . . . . . 55 €  
 (a massage with rosehip oil and pure gold, which activates the flow of life energy)

**Lux Massage – the secret elixir of youth** (60') . . . . . 60 €  
 (argan oil antioxidant and regeneration features and memorable scent of relaxation and harmony)

**Warm Chocolate Massage** (65') . . . . 57 €  
 (massage and relax in warm chocolate wrap)

**Warm Honey Massage** (65') . . . . . 57 €  
 (massage and relax in warm honey wrap)

## Vita wellness centre

### BODY TREATMENTS

#### BEAUTY TREATMENTS

Treatments include whole body peeling and wrap and a relaxing body and face massages.

**Dolce VITA – rejuvenating ritual** (80') . . . . . 69 €  
(grape seed body scrub, firming body wrap, rejuvenating massage and facial mask, relaxing body massage with firming lotion and grape seed oil)

**Honey Milk Ritual – for maintaining a youthful look** (80') . . . . . 65 €  
(honey body scrub, regenerative mask for body and face, massage with butter for intense moisturising and vitalisation of body and facial skin)

**Warm Fango Treatment – detoxifying ritual for well-being** (80') . . . . . 65 €  
(salt scrub, warm fango body wrap, mineral and moisturising facial mask, body and facial massage)

**Energy treatment – for vitality and freshness** (80') . . . . . 69 €  
(salt peeling with jojoba oil, macadamia oil and rosemary, mint and juniper essential oils, body and face massage with an energy balsam)

**Body Scrub** (25') . . . . . 20 €  
(honey, grape, herbal, enzyme)

**Body Wraps** (35') . . . . . 35 €  
(algae, fango, honey, fruit enzyme, clay & herbal, anti-age)

**Body Scrub and Body Wrap** (60') . . . . 45 €



## Vita wellness centre

### SCULPTING BODY TREATMENTS

**Body wrapping** (55') . . . . . 43 €  
(a body wrapping method with preparations having an active effect on body slimming and cellulite reduction)

**Detoxifying and drainage treatment** (60') . . . . . 53 €

**Reduction & Cellulite Body Treatment** (70') . . . . . 60 €

**Firming & Sculpting Body Treatment** (70') . . . . . 60 €

### FACIAL TREATMENTS

Care line is selected after an examination of skin and a consultation with a cosmetician. A system of individual treatments with selected professional cosmetics by Babor, Eve Taylor and Afrodita:

**Mini treatment – renewal facial treatment for fresh look** (40') . . . . . 40 €  
(surface cleansing, moisturising, scrub, short massage and mask)

**Facial Care – basic treatment** (60') . . 55 €  
(surface cleansing and moisturising, peeling, deep cleansing, face and neck massage, facial mask that suits the skin type)

**Face, Neck and Décolleté Treatment – intensive treatment** (80') . . . . . 63 €

(enriched basic facial treatment with the addition of an intensive serum and facial mask for a prolonged treatment effect, palm massage)

**Face, Neck and Décolleté Treatment with Lifting Effect for Mature Skin** (90') . . . . . 72 €

(an intensive lifting treatment for rejuvenation and firmness of skin, including a hand and palm massage)

**Aromatherapy Facials** (50') . . . . . 45 €  
(a treatment with a unique mixture of essential oils, including an aromatherapy massage of face, neck, décolleté, which is suitable for normal, sensitive, couperose, problematic or dry skin)

#### MEN'S FACIALS

**Facial Care - basic treatment** (60') . . . 55 €

**Facial Care - intensive treatment** (80') . . 60 €

**Face and Neck Treatment with Lifting Effect** (90') . . . . . 65 €



## Vita wellness centre

### Face, Neck and Décolleté Massage

(20') . . . . . 23 €  
(for strengthening face and décolleté skin tone)

**Face & Neck Lymphatic drainage** (20') . . 23 €  
(for stimulating the lymphatic system, reducing swellings of eyelids and eye bags)

**Face and Décolleté Mask** (25') . . 25 €

**Face Massage & Mask** (30') . . . . . 30 €

**Face and Décolleté Scrub** (15') . . . . . 15 €

**Face and Décolleté Scrub with a Wrap** (35') . . . . . 30 €

**Eyebrow Shape** (15') . . . . . 9 €

**Eyebrow Tint** (10') . . . . . 7 €

**Eyelash Tint** (10') . . . . . 7 €

### HAND & FOOT TREATMENTS

#### MANICURE

**Classic Manicure** (35') . . . . . 28 €  
(beauty treatment of nails and nail folds, care and protection of nails)

**VITA Manicure** (60') . . . . . 40 €  
(Classic Manicure with selected preparations hand treatment – exfoliating scrub, mask, massage)

#### PEDICURE

**Classic Pedicure** (50') . . . . . 36 €

**Pedikura VITA** (70') . . . . . 50 €  
(Classic Pedicure with feet treatment – exfoliating scrub, mask, massage)

**Manicure (classic) & pedicure (classic)** (90') . . . . . 58 €

#### MANICURE & PEDICURE ADD-ON SERVICES

**Foot Callus and Corns Removal** (10') . . 7 €

**Hand Mask** (20') . . . . . 14 €

**Paraffin Hand Treatment** (20') . . . . . 14 €

**Foot Mask for Tired Feet** (20') . . . . . 14 €

**Nail Varnish Application** (15') . . . . . 8 €

**French Varnish Application** (25') . . . . . 13 €

**Permanent varnishing (design + varnish)** (60') . . . . . 25 €

**Permanent French manicure-style varnishing (design + varnish)** (60') . . 30 €

**Permanent Nail Polish Removal** (25') . 10 €

### WAXING

Body hair removal using Perron Rigot wax. The advantage of Perron Rigot body hair removal is that it is less painful. Body hair will not break during the procedure. After the treatment, ingrown body hair is less likely to occur, while your skin remains gentle and smooth.

#### WAXING – WOMEN

Face (10') . . . . . 7 €

Full Leg and Bikini (45') . . . . . 35 €

Full Leg (30') . . . . . 25 €

Half Leg (20') . . . . . 17 €

Bikini or Underarm (15') . . . . . 12 €

Fore-arm (20') . . . . . 17 €

#### WAXING – MEN

Leg (45') . . . . . 40 €

Back (25') . . . . . 20 €

Chest (20') . . . . . 17 €

Belly (20') . . . . . 17 €

## Sauna Aqua Larix

### MAGNET THERAPY

Under the influence of magnetic fields, cells start to use oxygen more efficiently, which causes the entire tissue and organs to be more efficient. With this tired cells are renewed and organs, which functions were limited, can perform their tasks again.

8 minutes . . . . . 4 €

16 minutes . . . . . 8 €

24 minutes . . . . . 10 €



### SAUNA

#### From Monday to Friday

3-hour . . . . . 15 €

Over 3 hours . . . . . 19 €

#### Saturdays, Sundays, holidays

3-hour . . . . . 17 €

Over 3 hours . . . . . 21 €

10 passes with 3-month validity . . . . . 140 €

(each pass is valid 3 hours a day on any day of the week)

Monthly Sauna pass\* . . . . . 150 €

Half Year Sauna Pass\* . . . . . 450 €

Annual Sauna pass\* . . . . . 750 €

Transferable Annual Sauna Pass . . . . . 600 €

Half Year Swim Pass - Sauna\* . . . . . 500 €

\*Photo required for the pass.

#### Extra Services

Additional Hour for Sauna . . . . . 4 €

Bathrobe Rental . . . . . 5 €

Towel Loss . . . . . 15 €

Bracelet Loss . . . . . 25 €

#### Opening hours:

Saunas: from 1 Jun to 30 Sep 2 pm – 9 pm

from 1 Oct to 31 May 12 pm – 9 pm

#### On Fridays and Saturdays saunas and pools

operate till 11 pm (entrance till 10 pm).

T: +386 4 588 45 00

E-mail: aqua.larix@hit-alpine.si

# Vita wellness centre

## THAI MASSAGES

**TRADITIONAL THAI THERAPY – NUAD BO RARN** is more than 2500 years old. It combines Chinese acupressure, reflexology and Indian yoga. All these traditional techniques are also accompanied by the body treatment – stretching, kneading and therapeutic pressure. The aim is to improve flexibility, relieve tension and pain.

**Traditional Thai Massage** (50' / 80') . . . . . 48 € / 58 €  
It helps to improve the energy flow throughout the body, maintain better flexibility of joints and spine, and it restores balance between the energy of the body and mind.

**Thai Massage with Selected Aromatic Oils** (50' / 80') . . . . . 52 € / 62 €  
It has a soothing effect on skin, a beneficial effect on muscle tension, it relieves pain and it helps to eliminate waste from the tissue.

**Thai Massage with Warm Herbs and Aromatic Oils** (50' / 80') . . . . . 56 € / 66 €  
This is a regeneration massage that helps to improve blood circulation, it alleviates joint problems, and it helps to maintain vitality. It is especially recommended for muscle and tissue pains.

**Thai Foot Massage** (40') . . . . . 38 €  
It helps to maintain the balance of energies. A massage of the reflex zones on the feet regulates all body functions and relieves the feeling of heavy and tired legs.

**Thai Foot and Hand Massage** (50') . . . 47 €  
Both, the massage of the reflex zones on the feet and the massage of the reflex zones on the hands, restore the harmony of the body energies and functions.

**Thai Scalp, Neck, Shoulders and Back Massage with Warm Herbs and Aromatic Oils** (40') . . . . . 44 €  
A soothing massage designed to alleviate headache, muscle tension, neck and shoulder pains. It also improves the blood circulation and oxygen reception.

**Thai Back Massage** (30') . . . . . 34 €  
Alleviates stress, reduces pain in the lumbar, thoracic and cervical area of the spine, and contributes to the general well-being.

**Thai Foot and Back Massage** (60') . . . 58 €

**Traditional Thai Massage and Thai Massage with Selected Aromatic Oils** (90') . . . . . 72 €

**Thai massage for mothers-to-be** (50') . . . . . 48 €

**Thai goodness – Sa-bai-di** (80') . . . . . 66 €  
(treatment on the basis of Thai herbs (peeling) and body massage (60'))



**Vita wellness centre**  
Opening hours: from 9 am to 9 pm  
T: +386 4 588 45 00  
E-mail: [aqua.larix@hit-alpine.si](mailto:aqua.larix@hit-alpine.si)

# Kompas Relaxation Centre

## MASSAGE

Massages improve health and wellness. A massage has a positive impact on skin, dermis, muscles, blood and lymph circulation, joints and nervous system, hormone balance, etc. Its effects are of both physical and spiritual nature.

### CLASSIC & THERAPEUTIC MESSAGES

#### Classic Massage – Swedish

(30')	30 €
(45')	43 €
(65')	53 €

#### Head, neck and shoulder massage

(15')	18 €
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#### Face and neck massage

(20')	23 €
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#### Face, neck and palm massage

(30')	33 €
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#### Back Massage - Classic

(20')	25 €
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#### Back Massage - Therapeutic

(30')	34 €
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#### Reflexology

(40')	37 €
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### Massage for Recreational Enthusiasts

(40') . . . . . 40 €  
(a massage of muscle groups and tendons, which are under stress during specific activities, stimulates the excretion of waste products, softens stiff muscles, reduces pain)

### RELAXING MESSAGES

Relax all body parts which are particularly exposed to stress (head, neck and shoulder girdle, back and feet). Stimulate the body to feel well and create a feeling of comfort long after the treatment.

**Anti-stress Massage** (50', 65') . . . 45 €, 55 €  
(with selected herbal oil or body butter)

**Massage with Warm Pine and Lavender Oil** (50') . . . . . 45 €

**GOLD 24K Massage** (50') . . . . . 55 €  
(a massage with rosehip oil and pure gold, which activates the flow of life energy)

**Lux Massage – the secret elixir of youth** (60') . . . . . 60 €  
(argan oil antioxidant and regeneration features and memorable scent of relaxation and harmony)

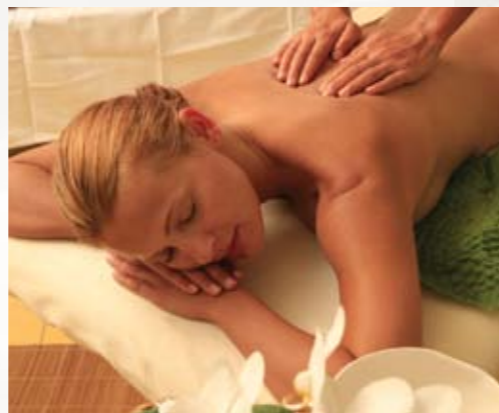
## SAUNA

From Monday to Friday. . . . . 13 €  
Saturdays, Sundays, holidays . . . . . 15 €  
Monthly Sauna pass\* . . . . . 150 €  
Half Year Sauna Pass\* . . . . . 450 €  
Annual Sauna pass\* . . . . . 750 €  
Transferable Half Year Sauna-Pass . . . . 600 €  
Half Year Swim Pass and Sauna\* . . . . 500 €

\*Photo required for the pass.

### Extra Services

Bathrobe Rental . . . . . 5 €  
Towel Loss . . . . . 15 €



# Terms and Conditions

## Reservations

We recommend prior reservations:

Vita Centre: +386 4 588 45 00  
Kompas Relaxation centre: +386 4 589 20 86  
For organized groups call: +386 4 588 45 00

## Cancellation policy:

In case you cannot attend the reserved appointment, you must inform us at least 12 hours prior to the reserved appointment. Otherwise you will be charged 50 % of the treatment value.

## Medical condition:

When you book your appointment, please inform the receptionist about any health problems you might have, which might influence the selection or carrying out of your chosen treatment.

## Season Passes:

Monthly, annual and half year passes for swimming pools and saunas can be used in all the centres.

## Benefits for hotel guests:

- Free swimming at the Aqua Larix Park and Kompas Relaxation Centre pool  
- 30% discount on the use of saunas.

## Gift certificates

You can purchase gift certificates for your dearest, friends, business partners and colleagues.

## Loyalty card

Vita Wellness Centre and Beauty Centre loyal customers can receive the loyalty card which will bring them certain benefits.

## Cosmetics products for further care:

You can also purchase products that we use in our centres and thus prolong the effects of body and facial treatments.

**My moment:** Choose your own pampering package (for one person) in the amount of 100 € and receive 15 % discount.

## Arrival:

We kindly ask you to come in our wellness centre 10 minutes prior to your appointment. In case you are late, the treatment will not be carried out in full.

In consideration of our guests, we kindly ask that cell phones are turned off or switched on silent mode.

The price list is valid from 1.8.2017. All prices are in €. Prices, opening hours and services are subject to change without notice.

Opening hours: 9 am – 7 pm  
T: +386 4 589 20 86

**hit alpinea**  
*Kranjska Gora*

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